



AGENCY DIRECTORY

([HTTPS://MAINETOWN.COM/DIRECTORY/](https://mainetown.com/directory/))



Maine Township MaineStay Youth & Family Services

📍 1700 Ballard Road, Park Ridge, IL, USA

🌐 Website [[//mainetown.com/mainestay/](https://mainetown.com/mainestay/)]

📞 847-297-2510

✉ mainestay@mainetown.com

🕒 9-8 Monday-Thursday, 9-5 Friday

MAINESTAY
YOUTH & FAMILY SERVICES

Overview

MaineStay supports the growth of healthier families in the Maine Township community by providing affordable strength-based counseling and comprehensive programs focused on prevention and education. Our family therapists work with residents of all ages to address many common concerns such as anxiety, depression, anger, and family conflict. MaineStay offers child, adolescent, and adult psychiatric services for those in need of medication. We provide various psychoeducational groups for youth and adults including a parenting class, anger management group, and anxiety group. Programs for at-risk youth include mentoring, summer camp, art, and restorative justice initiatives such as a peer jury and community service. MaineStay also hosts free professional development CEU workshops and community education events throughout the year.

Additional Information

We also maintain an extensive referral list for other services in the community and would be happy to assist you in finding additional resources or help.

Service Area: Maine Township

Fees/Insurance: Counseling services are offered on a sliding fee scale. All programs are free or low cost. No one will be turned away due to inability to pay. Medicaid accepted for psychiatric services.

Languages: English